International Expert Conference on Doping: HEIDELBERG STATEMENT

In view of the dramatic development in high performance and popular sport, experts from all over Europe declare the following at the conclusion of the International Doping Conference of January 13th to 15th, 2005 in Heidelberg:

- 1. Doping includes also the leisure and physical fitness domain of society in dramatic measure.
- 2. 2. The autonomy of sports alone has proved to be completely insufficient for a really effective struggle against doping.
- We call upon the Federal Government and German states for new legal comprehensive regulations in form of an Anti-Doping Law such as in other European countries.
- 4. We demand the establishment of publicly promoted prevention programmes at all levels of sports, in particular for combatting the alarming increase of doping amongst children and teenagers.
- 5. We call upon the economy with a specific financial engagement to exert influence and pressure on the anti doping policy of the sports associations.
- 6. We call upon pharmacists, doctors, teachers, coaches, managers, association functionaries, and particularly parents for the earnest participation in effective anti doping measures.
- 7. We call upon the mass media for a sports reporting which points out the values of clean sports instead of an unconditional success orientation.

Heidelberg, January 15th, 2005

Dr. Wolfgang Knörzer, Dr. Giselher Spitzer and Prof. Dr. Gerhard Treutlein and the participants of the International Doping Conference in Heidelberg